

EPISD

Food & Nutrition Services
Elementary School
Breakfast Room Service

Calendar Menu

Breakfast Menu

Served Daily: Milk, Juice, and Fresh Fruit

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Breakfast Cereal	Bean Burrito	Sunrise Sausage Roll	Breakfast Pizza	French Toast Sticks
WEEK 2	Breakfast Cereal	Pancake/Sausage Sandwich	Fruity Pancakes	Strawberry Uncrustable	Croissantwich
WEEK 3	Breakfast Cereal	Hawaiian Sausage Sandwich	Bean Burrito	Chicken & Waffles	French Toast Sticks
WEEK 4	Breakfast Cereal	Ham & Cheese Sandwich	Pancake/Sausage Sandwich	Fruity Pancakes	Yogurt Entrée

Lunch Menu

Served Daily: Fresh Fruit and Milk

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Cheese Pizza Juicy Corn Mixed Green Salad	Hot Dog Chili or Baked Beans Carrots/Cucumber	Mesquite Chicken Whole Wheat Breadstick Mashed Potatoes Ranchero Beans	Chicken Nuggets Whole Wheat Roll Mashed Potatoes Carrots w/ Assorted Veggies	Tostada Dippers Mexican Rice Carrots/Celery
THE DELI	Peanut Butter & Jelly Sandwich	Munchangles	Peanut Butter EatSmart Box	Peanut Butter & Jelly Sandwich	Ham & Cheese Sandwich
SALADS	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Chicken Salad

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Veggie Nuggets Whole Wheat Roll Juicy Corn Carrots w/ Assorted Veggies	Steakburger Savory Fries Carrots/Celery Dippers	Chicken Tenders Whole Wheat Breadstick Mashed Potatoes Zucchini Spears	Chili Cornbread Bowl Ranchero Beans Carrots/Cucumber	Fish Nuggets Mac & Cheese Green Beans Fresh Broccoli w/ Cherry Tomatoes
THE DELI	Peanut Butter & Jelly Sandwich	Munchangles	Peanut Butter EatSmart Box	Ham & Cheese Sandwich	Pizza EatSmart Box
SALADS	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Chicken Salad

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Bean Tapatias Mexican Rice Fiesta Corn	Crispy Chicken Sandwich Savory Fries Carrots/Cucumber	Pepperoni Pizza Carrot Coins Mixed Green Salad	Flautas Mexican Rice Refried Beans Carrots w/ Assorted Veggies	Corn Dog Baked Beans Carrots/Cucumber
THE DELI	Uncrustable Graham Crackers	Munchangles	Peanut Butter EatSmart Box	Peanut Butter & Jelly Sandwich	Ham & Cheese Sandwich
SALADS	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Chicken Salad

WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ENTREE	Pizzaboli Juicy Corn Carrots/Cucumber	Beef Tacos Mexican Rice Ranchero or Refried Beans	Orange Chicken Brown Rice Stir Fry Veggies Carrots/Jicama	Spaghetti w/ Meatballs Broccoli & Cheese Mixed Green Salad	Chicken Tenders Mashed Potatoes Carrots/Celery
THE DELI	Peanut Butter Jelly Sandwich	Munchangles	Peanut Butter EatSmart Box	Ham & Cheese Sandwich	Pizza EatSmart Box
SALADS	Veggie Nugget Salad	Crispy Chicken Salad	Asian Chicken Salad	Chicken Caesar Salad	Tuna or Chicken Salad

Menus Subject to Changes

August					Week
M	T	W	T	F	
2	3	4	5	6	1
9	10	11	12	13	2
16	17	18	19	20	3
23	24	25	26	27	4
30	31				1

September					Week
M	T	W	T	F	
		1	2	3	1
6	7	8	9	10	2
13	14	15	16	17	3
20	21	22	23	24	4
27	28	29	30		1

October					Week
M	T	W	T	F	
				1	1
4	5	6	7	8	--
11	12	13	14	15	--
18	19	20	21	22	2
25	26	27	28	29	3

November					Week
M	T	W	T	F	
1	2	3	4	5	4
8	9	10	11	12	1
15	16	17	18	19	2
22	23	24	25	26	--
29	30				3

December					Week
M	T	W	T	F	
		1	2	3	3
6	7	8	9	10	4
13	14	15	16	17	1
20	21	22	23	24	--
27	28	29	30	31	--

January					Week
M	T	W	T	F	
3	4	5	6	7	2
10	11	12	13	14	3
17	18	19	20	21	4
24	25	26	27	28	1
31					2

February					Week
M	T	W	T	F	
	1	2	3	4	2
7	8	9	10	11	3
14	15	16	17	18	4
21	22	23	24	25	1
28					2

March					Week
M	T	W	T	F	
	1	2	3	4	2
7	8	9	10	11	--
14	15	16	17	18	--
21	22	23	24	25	3
28	29	30	31		4

April					Week
M	T	W	T	F	
				1	4
4	5	6	7	8	1
11	12	13	14	15	2
18	19	20	21	22	3
25	26	27	28	29	4

May					Week
M	T	W	T	F	
2	3	4	5	6	1
9	10	11	12	13	2
16	17	18	19	20	3
23	24	25	26	27	4
30	31				1

June					Week
M	T	W	T	F	
		1	2	3	1
6	7	8	9	10	
13	14	15	16	17	
20	21	22	23	24	
27	28	29	30		

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